



**Age:**  
6+



**Group size:**  
Up to 12



**Duration:**  
1 hour



## What is soft archery?

- Soft archery provides a cheaper, easier, and safer alternative to full archery. It is a good introductory activity to prepare participants for target sports in future.

## Learning outcomes

- Focus, concentration and coordination
- Safe handling, aiming and precision

## Recommended session structure

- Beginning with demonstration, teach and practice shoots to introduce everyone to the activity.
- Progression through team or individual competitions and games to test accuracy or develop specific skills.

## What to wear

- Long sleeved clothing that's not loose/baggy on the arms.
- People with long hair will need to tie it back.
- Scout neckerchiefs will need to be removed or tucked into clothing.

## What to expect from us and what do we need from you?

- We will provide the equipment for this activity.
- **You will need to** provide volunteers to lead this activity; no formal qualification is required.
- **You will need to** provide the leaders to supervise your group in accordance with the [Adult to Young People ratios](#) which specifies that this will be **1:6 for beavers, 1:8 for cubs and 1:12 for scouts** (and for other organisations, following the relevant guidance within your organisation).
- **You will need to** follow these guidelines in your activity:
  - Never shoot at animal or human targets
  - Complete a risk assessment
  - Make sure you have a designated shooting area and shooting line
  - Make sure all archers have finished shooting before anyone can move forwards of the shooting line to collect arrows
  - Make sure anyone not shooting is waiting well behind the shooting line, and not at the side of the designated shooting area

