

Kayaking



Age:
6+



Group size:
Up to 12



Duration:
1 hour



What is kayaking?

- In a kayaking session, participants will navigate our moat in single-person kayaks.

Learning outcomes

- Learn the technique of paddling
- Be challenged in a new environment
- Enjoy being outside, feel comfortable in nature, and feel connected to the natural environment

Typical session structure

- Fitting of buoyancy aids to all participants.
- On-shore introduction to paddling.
- Get on the water and paddle around our moat.
- Finishing with team games on the water.

What to wear

- This activity is all outside, so waterproof/warm clothing when it's wet/cold.
- Bring spare shoes/clothes in case of splashing!

What to expect from us and what do we need from you?

- We will provide a suitably trained instructor to deliver this activity which will be in accordance with [Scouts FS120654](#) and relevant parts of [POR](#) (9.7, 9.42-9.46, 9.48, 9.49).
- We will provide buoyancy aids for all participants and ensure the worthiness of our kayaks.
- You will need to** ensure all participants are competent swimmers.
- You will need to** provide the leaders to supervise your group in accordance with the [Adult to Young People ratios](#) which specifies that this will be **1:6 for beavers, 1:8 for cubs and 1:12 for scouts** (and for other organisations, following the relevant guidance within your organisation).

Did you know that this activity counts towards:



Beavers My Adventure Challenge Award



Cubs Our Adventure Challenge Award



Scouts Adventure Challenge Award



Time on the Water 1



Paddle Sports Stage 1



Nautical Skills Stage 1

